



2016 USATF Wisconsin Indoor Track & Field Meet

- When:** Sunday, February 7, 2016 Packet Pick-up opens at 8:00 A.M. and continues throughout the day. See meet schedule below. Track Meet must be done by 5:00 P.M.
- Where:** **Carthage College, Kenosha, WI - Tarble Athletic and Recreation Center (TARC)** Directions to campus from I-94. Take exit 339 (Hwy E) and go east toward the lake. Stay on Hwy E until it dead-ends at Sheridan Road (Hwy 32). Turn right on Sheridan Road and go one mile south, campus is on the left. The TARC is the large building (white roof) next to the football field. Athletes and spectators may enter on the ground level or at the regular entrance off of the upper parking lot. There should be ample parking up top and certainly down by the football field. We will be charging a nominal admission (\$4.00 adults/\$2.00 students) to watch the event. There will be a snack bar open for athletes and spectators, but athletes are reminded that no food or drink will be allowed on the track or infield surface. There are portable bleachers and approximately fifty chairs for spectators (roughly 300 seating capacity). Athletes may sit and lounge in the roped off infield (two large basketball sized courts) as one end of the track level is for the high jump and the other end is the throwing venue. ***All camps downstairs - Youth checked downstairs.**
- Eligibility:** **All competitors must be members of USATF for 2016, or currently competing for a college team.** Obtain membership on-line at <https://www.usatf.org/membership/application> or add the appropriate amount (\$20 Youth Athletics, 18 & U) (\$30 over 18) to your entry fee and complete and sign the membership form. Your membership will then be valid through December 31, 2016. After you join, you will receive a subscription to FAST FORWARD and a member benefits packet. **Athletes age 18 and under must be age "verified" by submitting proof of age. Mail or email proof of age to Matt DeWitt (See Officers & Committee Chairs).**
- Entry Fee:** **Register on-line at <http://www.coachO.com> (to avoid admin. fees) or mail preregistration (postmarked by February 1, late fee \$10 if postmarked after February 1): Youth \$7.00 per event / Others \$7.00 per event / Plus a Processing Fee of \$3.00 for everyone.** Send entries to **address shown on entry form. No Day of Race Registration.** 8 & Under/9-10/11-12 may enter only 3 events. 13-14/15-16/17-18 may enter a maximum of 3 + 1 relay events. Open and Masters may enter a **maximum of 4 events.** Time does not permit confirmation of entries received. **2016 athletes must register online, see box on page 2. CoachO and mail entry close Wednesday, February 4 at 11:59 p.m.**
- Results:** **Computerized results will be generated and posted at the site. Check our web site, www.wiusatf.org, for results. F.A.T. will be used for running events. Protest fee is \$25.00. All events timed finals.**
- Awards:** **Medals to the top 3 in each division. T-shirts available for sale.**
- Age Divisions:** 8-Under Division (born 2008 or later), 9-10 Division (born 2007 or 2006), 11-12 Division (born 2005 or 2004), 13-14 Division (born 2003 or 2002), 15-16 Division (born 2001 or 2000), 17-18 Division (born 1999 or 1998), Open - O (ages 19 to 30), Masters - Ma (ages 31 and up in 5-year divisions). Athletes born in 1997 who are still in high school compete in the 17-18 division.

Order of Events: (3 attempts -LJ/TJ / 3 attempts WT / SP)

8:30AM - Open & Masters

Must Check-in with event official 30 minutes before your field event.
(Females followed by Males) and will combine if possible!

Field Events

Pole Vault	Long Jump (open pit 9:00-10:15)	Weight Toss
High Jump	Triple Jump (open pit 9:00-10:15)	Shot Put

approx. 8:30AM - Running

No checkout time for Field Events	3000m Run
	55m Hurdles
	55m Dash
	1500m Run
	400m Dash
	800m Run
	200m Dash

3000 M Racewalk - ALL AGE GROUPS/ALL DIVISIONS

Order of Events: (3 attempts in all Field Events except High Jump and Pole Vault)

11AM - Youth Meet -

Running events only: all age group girls followed by all age group boys (youngest to oldest) except the short hurdles. **3 + 1 relay events** (13-18)

Must Check-in with event official 30 minutes before your field event.

Field Events

Pole Vault (10:00am Start) 1st Flight Coed 7Ft., 2nd Flight Coed 10 ft.
High Jump 1st Flight 13-14 and under, 2nd Flight 15-18
Long Jump (Pit 1) Coed 8 & Under, 9-10, 11-12, 13-14, 15-16 (Youngest to Oldest)
Triple Jump (Pit 2) All Girls then All Boys (Oldest to Youngest) then 17-18 Long Jump
Weight Toss (15-16, 17-18)
Shot Put (13-14, 15-16, 17-18, 11-12, 9-10, 8 and Under)

*No checkout time for Field Events

approx. 11:00AM Running

3000m Run (13-14, 15-16, 17-18)
55m Hurdles (Youngest-Oldest)
55m Dash - All Girls then Boys
1600m Run
400m Dash - All Girls then Boys
800m Dash (Declaration time for 200m)
200m Dash - All Girls then Boys
4 x 200 Relay

For national calendar visit - www.usatf.org/calendar

2016 CALENDAR

Feb. 5-6th	WISTCA Clinic - Madison, WI
Feb. 7th	WI USATF Indoor Meet - Carthage College
Feb. 20th-21st	USATF Indoor Track & Field Championships - Albuquerque, NM
Mar. 4-6th	USATF Masters Indoor Track & Field Championships - Albuquerque, NM
Mar. 5-6th	USATF National Youth Indoor Track & Field Championships - New York, NY
Mar. 6th	Spring Meeting - Country Springs, Pewaukee, WI 1-5pm
June 9-12th	WI USATF State Outdoor Meet - Carroll University
June 26th	Midwest Masters Regional - Carroll University
June 28th-July 3rd	USATF Youth National Track & Field Champ. - Univ of Cal in PA (near Pittsburgh)
July 1st-10th	USA Olympic Trials - Eugene, OR
July 7-10th	USATF JO Regional Meet - Mankato University, MN
July 14-17th	USATF Masters Outdoor - Grand Valley State Univ. - MI
July 25th-31st	USATF National JO Meet - Sacramento, CA
August 13th	USATF National One-Hour Championships 8 - WI One Mile Track Championships - South Milwaukee, WI
August 14th	Fall Meeting - Country Springs, Pewaukee, WI 1-5pm
Nov. 30th-Dec 4th	USATF Convention - 2017: Orlando, FL - 2018: Columbus, OH
Dec. 10th	JO National XC - Albuquerque, NM

For more local information and entry forms -
website: www.wiusatf.org



ONLINE REGISTRATION

Available to **ALL** athletes. Note - 2016 Club Youth Athletes **MUST** register on-line. Registering and paying on-line avoids the \$8.00 ADM fee. WI 2016 USATF Club Teams **MUST** be in good standing and have necessary background check forms completed. **ALL ATHLETES MUST HAVE VALID USATF MEMBERSHIP AND DOB VERIFIED** before registering on-line. If your age has not been "verified" (as indicated on your USATF Membership) send birth verification documentation to Matt DeWitt (see below). Go to **www.coacho.com**, select "On-Line Registration", select "Enter a Meet", choose correct meet from calendar, and complete the entry forms. For assistance, contact Tom Willis (see below).

SPRING MEETING

SUNDAY, MARCH 6TH

1:00 - 5:00 P.M.

COUNTRY SPRINGS - PEWAUKEE
2810 GOLF ROAD
(Just off of I-94, Exit Hwy G)
PEWAUKEE, WI
(262) 547-0201

OFFICERS & COMMITTEE CHAIRS

BOARD OF DIRECTORS

President/WISTCA Official/Officials

Jay Preston N27 W22093 Timberwood Lane
Waukesha, WI 53186
262-542-7060
jaypreston@mac.com

Vice-President/Youth Athletics

Alonzo Fuller 414-550-3852
fmdd@msn.com

Treasurer

Tom Willis 126 Lake Ct.
Sheboygan, WI 53081
920-458-3519
twillis126@sbcglobal.net
tom.willis@kohler.com

Secretary/Clubs, Coaching, Education Combined Events, and Sanctions

Patrick Pretty 10528 Pleasant Valley Road
Cedarburg, WI 53012
262-675-2605 & Fax
papret@execpc.com

Individual Membership/Race Walk

Matt DeWitt 908 High Street
Union Grove, WI 53182
262-358-2746 Cell
membership@wisconsin.usatf.org

At Large Members include:

Lee Bullock - lee.bullock68@yahoo.com
Peter Henkes - wisrun@gmail.com
Mary Stroud - robstroud@ameritech.net

COMMITTEE CHAIRS

Athletics for Disabled/WISTCA Coach

Mike Chapes 608-514-2382
mchapes@gmail.com

Clubs

Robt. O. Kern 414-628-6718
kernro@yahoo.com

Course Certification

Jim McFadden 262-514-2925
jcmcfadden@tds.net

Cross Country

Lisa Potthaus 414-208-9558
coachp29@hotmail.com

Legal Liaison

Paul Murphy murphyp@execpc.com

Long Distance Running M/W/Masters

Peter Henkes 262-633-0033
wisrun@gmail.com

Masters Track & Field

Stan Druckrey 414-764-0170
sdruckrey@wi.rr.com

Media/PR

Glenn Rindfleisch 680-274-1449

Medical Consultant

J. Eric D. Castro, MD, FACEP
773-771-4160
jedcastromd@yahoo.com

Mountain Ultra Trail

Roy Pirrung 920-207-9672
ultra1@wi.rr.com

Men's Track & Field

Jason Gosa 414-510-1042
jgosa11@hotmail.com

Women's Track & Field

Kevin FitzPatrick
715-358-5334
trackandfield@frontier.com

Webmaster

Ronn Blaha ronnblaha@gmail.com
webmaster@wiusatf.org

- ATTENTION -
WI USATF Website:
www.wiusatf.org

2016 INDOOR INDIVIDUAL ENTRY FORM - WI USATF

— PHOTOCOPY AS NEEDED —

To Avoid ADM Fees:

- Obtain a current USATF membership from <https://www.usatf.org/membership/application>
- Register for the event on-line at <http://www.coachO.com>
- Verify proof of age (if membership card does not say "verified"), by mailing or emailing to Matt DeWitt (see Officers & Committee Chairs)

1. **NON 2016 USATF MEMBERS** - Membership fee for 2015

Youth Membership \$20.00 _____

Adult Membership \$30.00 _____

2. **ALL MEET ENTRANTS**

Processing Fee \$ 3.00 **\$3.00**

Plus - Adult ____ Events @ \$ 7.00 _____

or - Youth ____ Events @ \$ 6.00 _____

3. **T-Shirt Fee** (Please circle size)

YTH, S, M, L, XL \$15.00 _____

Adult XXL \$18.00 _____

4. **ADM Fee** \$ 8.00 **\$8.00** (mandatory for paper entries)

TOTAL Fees 1+2+3+4 \$ _____ Check # _____

AGE DIVISION (PLEASE CHECK ONE)

*8 and Under as of Dec. 31st Born 2008 or later

*9-10 Division as of Dec. 31st Born 2007 - 2006

*11-12 Division as of Dec. 31st Born 2005 - 2004

*13-14 Division as of Dec. 31st Born 2003 - 2002

*15-16 Division as of Dec. 31st Born 2001 - 2000

*17-18 Division as of Dec. 31st Born 1999 - 1998

Age 19 - 30 Open (O) Ages 19 - 30

Age 31 and up Masters (Ma) Age _____

***Copy of birth certificate required to be verified.**

**Make Checks Payable and Mail to: WISCONSIN ASSOC. USATF,
ATTN: TOM WILLIS, 126 LAKE COURT, SHEBOYGAN, WI 53081
LATE FEE POSTMARKED AFTER: FEBRUARY 1, 2016**

Last Name _____ First Name _____ Age on _____ Sex _____ Birth date _____
Feb. 7 M/F Mo Day Year

Street Address (include apartment number and/or P.O. Box) _____

City and state _____ Zip/postal code _____

Team/Club name (not applicable if unattached) _____ Area code _____ Telephone _____

2016 USATF number* _____ E-mail Address _____

Events Entered (1) _____ (2) _____ (3) _____ (4) _____ (5) _____ (6) _____

Knowing that participating in track and field is a potentially hazardous activity, I enter this meet certifying that I am medically able and properly trained. I also assume any and all other risks associated with participating in this event/these events including but not limited to falls and contact with other participants.

Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge USA Track & Field, Carthage College, meet officials, volunteers, and any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or

in the course of my participation in this meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

The undersigned further grants full permission to USA Track & Field, Carthage College, and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

I understand that entry fees are not refundable.

I have read the foregoing and certify my agreement by my signature below.

Signature (Parent/guardian must sign if applicant is under 18 years of age)

*USA TRACK & FIELD MEMBERSHIP INFORMATION

To avoid delay in obtaining membership, obtain on-line at <https://www.usatf.org/membership/application>.

CARTHAGE COLLEGE - KENOSHA, WI

Tarble Athletic and Recreation Center (TARC) will host our eleventh Indoor championship meet. The track & field level of the TARC features a six-lane Martin 2000 surface. 1/8" spikes are allowed on the running track, the high jump apron, the pole vault runway, and both long/triple jump runways. We have a wooden shot put ring (and safety cage). Meet Contact - Patrick Pretty at 262-675-2605 or Mary Stroud at 608-274-4270.

* ATTENTION *

Due to indoor track space restraints and safety concerns, spectators must remain in the designated spectator seating areas. This will insure the smooth and efficient operation of the meet. Failure to remain in the designated spectator seating area could result in removal from the indoor facility.

USATF MEMBERSHIP INFORMATION

Membership benefits include the FAST FORWARD magazine, accident insurance, and a growing number of discounts and other offers. Check USATF's website—www.usatf.org—for additional member benefits throughout the year. You may also send a contribution over and above your membership fee.

USATF membership is required for participation in this meet (except for athletes currently competing for a college team). Membership is effective on a calendar year basis and is also available for 2, 3 and 4-year periods. List your 2016 membership number on this entry form or apply for 2016 membership by enclosing the fee shown and completing the additional information on the previous page. You may also join online at www.usatf.org/membership; age 18 and under memberships are \$20.00 / Adult \$30.00. Contact the Wisconsin USATF Membership Chair with any questions and/or for multi-year memberships, membership@wisconsinusatf.org or 262-358-2746. We encourage ALL athletes to register early to obtain your 2016 USATF Membership.

IMPORTANT INFORMATION FOR PROSPECTIVE YOUTH ATHLETE MEMBERS:

New or Lapsed memberships must submit copy of birth certificate or other proof of age.

ADA Accommodation Policy & Procedures

I am requesting an accommodation for a disability as follows: _____
(visit www.usatf.org/about/legal/policies/ADA.asp for forms and procedures) It generally takes 4 to 6 weeks from the receipt of all relevant documentation to evaluate such requests. No such requests will be granted if the necessary documentation has not been sent to USATF at least 6 weeks prior to the date of the competition.

2016
INDOOR
5203 Whitcomb Drive
Madison, WI 53711



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U.S. POSTAGE
PAID
WEST BEND, WI
PERMIT #59