

2017 Spring Grade School Track & Field Meets

Questions to: Jill Bradley at marctrackcc@gmail.com

All Meets at Arrowhead H.S. Track - between North & South Campus, 700 North Ave, Hartland



Instructional Clinics, for Jumps, Throws, Hurdles, Sprints, Distance, Hosted by AHS Coaches, for Middle School Coaches & Athletes, Learn-by-Doing, Dates in April TBD

All Comers, Developmental, Learn-by-Doing, Track & Field Meets

- Team Coaches please send me (email above) rosters only, no entries, before the first meet you attend
 - Individuals can show at the meet without pre-registering for events
- Cost will be approx. \$.35 per event, accumulated by me and billed to each school at end of the season
- Upon arrival to the track, be sure to pick up your assigned sticker race number before first event
 - Show up at the event you want to compete in and sign in with the event clerk
 - Hurdles, 50, 100, 200, 400, 800, 1600, 4x100, 4x400, LJ, HJ, Shot, Disc, Jav

Monday, April 17 or 5:00 Field Events, 6:00 Running Events -All Ages/Abilities Welcome

Wednesday, April 19 5:00 Field Events, 6:00 Running Events -All Ages/Abilities Welcome

Possibly Wed. Apr. 26 5:00 Field Events, 6:00 Running Events -All Ages/Abilities Welcome

Wednesday, May 3 5:00 Field Events, 6:00 Running Events -All Ages/Abilities Welcome

Wednesday, May 10 5:00 Field Events, 6:00 Running Events -All Ages/Abilities Welcome

Wednesday, May 24 5:00 Field Events, 6:00 Running Events -All Ages/Abilities Welcome

New Format * More Events !! Arrowhead **Myrhum** Invitational

Sat., May 6 – 10:30 am Coaches Meeting, 11:00 Field & Running, incorp'd into the H.S. J.V. meet

6 Events available to Mid. School Athletes = 100, 400, 1600, 100 m Hurdles (5 flights), Shot Put, Long Jump

Unlimited Entries, Ages 5th – 8th grade, Enter through pttiming.com, **Awards** for top 3

Cost – \$4 per athlete with a max of \$50 per school to cover cost of awards, timing and officials

Arrowhead Grade School Invite Showcase

Wednesday, May 17 4:45 Field Events, 5:45 Running Events Something for all Ages

5th – 8th grade allowed, Register with your PE teacher, Limited Entries Due Mon, May 15

to Jill Bradley – email above, Events = 100, Hurd, 200, 400, 800, 1600, 4x100, 4x400, LJ, HJ, Shot

Cost = \$40 per each girl & boy team (\$80 per school) - 4th grade and younger * Just Show Up *