

**Merton Area Running Club Practice and Meet Schedule
(Meets are CENTERED in BOLD)**

*** As always, check the website, statwack, and your email.

** Note this is subject to change based on weather and rescheduling of events by the high school.

* Note days and times carefully as they are not consistent.

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Event and Location</u>	<u>Who</u>
Sunday	April 8, 2018	3:00 - 4:00	FIRST DAY Question & Answer - Optional / Open House	1st - 8th graders
Sunday	April 8, 2018	4:00 to 6:00	FIRST DAY - Come Early / Stay Late to Pick Up Shirt / Turn in Paperwork	1st - 8th graders
Sunday	April 8, 2018	4:15 - 5:30	FIRST DAY of Practice at AHS Track - South end of football field	1st - 8th graders
Monday	April 9, 2018	5:30 - 7:00	Practice at AHS Track - South end of football field	1st - 8th graders
Wednesday	April 11, 2018	5:30 - 7:00	Practice at AHS Track - South end of football field	1st - 8th graders
Thursday	April 12, 2018	5:30 - 7:00	Practice at AHS - Meet by the Long Jump, baseball fields, in grass, behind stadium	1st - 8th graders
Sunday	April 15, 2018	4:15 - 5:30	Practice at AHS Track - South end of football field	1st - 8th graders
Wednesday	April 18, 2018	5:00 Field, 6:00 Run	All Comers Open Track and Field Meet at AHS	Everyone / Anyone is Welcome
			Just Show Up !	
Thursday	April 19, 2018	5:30 - 7:00	Practice at AHS - Meet by the Long Jump, baseball fields, in grass, behind stadium	1st - 8th graders
Sunday	April 22, 2018	4:15 - 5:30	Practice at AHS Track - South end of football field	1st - 8th graders
Wednesday	April 25, 2018	5:00 Field, 6:00 Run	All Comers Open Track and Field Meet at AHS	Everyone / Anyone is Welcome
			Just Show Up !	
Thursday	April 26, 2018	5:30 - 7:00	Practice at AHS - Meet by the Long Jump, baseball fields, in grass, behind stadium	1st - 8th graders
Sunday	April 29, 2018	4:15 - 5:30	Practice at AHS Track	1st - 8th graders
Sunday	April 29, 2018	4:00 - 6:00	Intro to Pole Vault	7th & 8th Graders ONLY
Wednesday	May 2, 2018	5:30 - 7:00	Practice at AHS Track	1st - 8th graders
Thursday	May 3, 2018	5:30 - 7:00	Practice at AHS - Meet by the Long Jump, baseball fields, in grass, behind stadium	1st - 8th graders
Saturday	May 5, 2018	9:00 AM	Mini Myrhum Middle School Invite at AHS	5th - 8th Graders Only
			(Coach / School Selected Teams - Must Pre-Register - Talk to your Coach)	
Sunday	May 6, 2018	4:15 - 5:30	Practice at AHS Track	1st - 8th graders
Wednesday	May 9, 2018	5:00 Field, 6:00 Run	All Comers Open Track and Field Meet at AHS	Everyone / Anyone is Welcome
			Just Show Up !	
Thursday	May 10, 2018	5:30 - 7:00	Practice at AHS - Meet by the Long Jump, baseball fields, in grass, behind stadium	1st - 8th graders
Sunday	May 13, 2018	4:15 - 5:30	Practice at AHS Track	1st - 8th graders
Wednesday	May 16, 2018	4:45 Field, 5:45 Run	AHS Grade School Invite at AHS	4th and Under - just show up
			(Register with your PE Teacher - 5th - 8th grade)	5th - 8th grade - Pre-register
Friday	May 18, 2018	5:15 - 6:15	Optional Practice at AHS Track	1st - 8th graders
Saturday	May 19, 2018	9:00 AM	"Run Your Socks Off" 5k and 1/2 mile Fun Run	All - Additional payment required
			www.imathlete.com/events/runyoursocksofforswallowschool	(Register on your own)
Sunday	May 20, 2018	4:15 - 5:30	Practice at AHS Track	1st - 8th graders
Monday	May 21, 2018	5:00 Field, 6:00 Run	Possible All Comers Open Track and Field Meet at AHS	Everyone / Anyone is Welcome
			Just Show Up !	
Wednesday	May 23, 2018	5:15 - 6:30	Practice at AHS Track	1st - 8th graders
Sunday	May 27, 2018	MD 4:15 - 5:30	Practice at AHS Track	1st - 8th graders
Wednesday	May 30, 2018	5:30 - 7:00	Practice at AHS Track	1st - 8th graders
Thursday	May 31, 2018	5:30 - 7:00	Practice at AHS Track	1st - 8th graders
Sunday	June 3, 2018	4:15 - 5:30	Location TBD - Graduation	1st - 8th graders
Wednesday	June 6, 2018	5:30 - 7:00	Location TBD - at AHS while Track gets Resurfaced	1st - 8th graders
Saturday	June 9, 2018	9:00 AM	USATF JO State / District Meet - Carroll College - Waukesha, WI	Open to All - Add'l payment required
			www.wiusatf.org	(Email me to register)
Saturday	June 9, 2018	5:00 - 9:00 pm	WISCO MILE at Wisconsin Lutheran High School Track	Open Community or Incoming 7th graders and older

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<u>Day</u>	<u>Date</u>		<u>Time</u>	<u>Event and Location</u>	<u>Who</u>
				www.wiscomile.com	(Register on your own)
Monday	June 11, 2018		5:30 - 7:00	Location TBD at AHS	1st - 8th graders
Wednesday	June 13, 2018		5:30 - 7:00	Location TBD at AHS	1st - 8th graders
Saturday	June 16, 2018	OR	9:00 AM	Badger State Games - LaCrosse, WI	All - Additional payment required
				www.badgerstategames.org	(Register on your own)
Saturday	6/16 or go to Regionals		9:00 AM	Possible AAU State / District Meet - Carroll College - Waukesha, WI	All - Additional payment required
				www.aauathletics.org	(Email me to register)
Monday	June 18, 2018		5:30 - 7:00	Location TBD at AHS	1st - 8th graders
Wednesday	June 20, 2018		5:30 - 7:00	Location TBD at AHS	1st - 8th graders
Monday	June 25, 2018		5:30 - 7:00	Location TBD at AHS	1st - 8th graders
Wednesday	June 27, 2018		5:30- 7:00	LAST DAY - Fun and Games	1st - 8th Graders
Tuesday	June 26, 2018	to	9:00 AM	USATF Youth Nationals - College of Brockport, Rochester, NY	Qualifiers thru-out the season
Sunday	July 1, 2018		9:00 AM	USATF Youth Nationals - College of Brockport, Rochester, NY	Qualifiers thru-out the season
Thursday	June 28, 2018	to	8:00 AM	AAU Regionals - Simpson College, Indianola, IA	Qualifiers from State / District Meet
Sunday	July 1, 2018		8:00 AM	AAU Regionals - Simpson College, Indianola, IA	Qualifiers from State / District Meet
					(Email me to register)
Thursday	July 5, 2018	to	8:00 AM	USATF Regionals - Mankato University, MN	Qualifiers from State / District Meet
Sunday	July 8, 2018		8:00 AM	USATF Regionals - Mankato University, MN	Qualifiers from State / District Meet
					(Email me to register)
Friday	July 6, 2018	&	9:00 PM	Pewaukee Weekend	Anyone/Everyone-Separate Registration Required
Sunday	July 8, 2018		6:15 AM	Pajama 5k, Duathlon, Triathlon	Anyone/Everyone-Separate Registration Required
				www.racelighthouse.com	
<i>Monday</i>	<i>July 9, 2018</i>		<i>TBD</i>	<i>AHS Track Camp - Separate Registration Required</i>	<i>4k - 8th graders</i>
<i>Tuesday</i>	<i>July 10, 2018</i>		<i>TBD</i>	<i>AHS Track Camp - Separate Registration Required</i>	<i>4k - 8th graders</i>
<i>Wednesday</i>	<i>July 11, 2018</i>		<i>TBD</i>	<i>AHS Track Camp - Separate Registration Required</i>	<i>4k - 8th graders</i>
<i>Thursday</i>	<i>July 12, 2018</i>		<i>TBD</i>	<i>AHS Track Camp - Separate Registration Required</i>	<i>4k - 8th graders</i>
<i>Friday</i>	<i>July 13, 2018</i>		<i>TBD</i>	<i>AHS Track Camp Track and Field Meet - Separate Registration Required</i>	<i>4k - 8th graders</i>
				www.arrowheadschoools.org	Register on your own
<i>Monday</i>	<i>July 23, 2018</i>		<i>TBD</i>	<i>AHS Cross Country Camp - Separate Registration Required</i>	<i>2nd - 8th graders</i>
<i>Tuesday</i>	<i>July 24, 2018</i>		<i>TBD</i>	<i>AHS Cross Country Camp - Separate Registration Required</i>	<i>2nd - 8th graders</i>
<i>Wednesday</i>	<i>July 25, 2018</i>		<i>TBD</i>	<i>AHS Cross Country Camp - Separate Registration Required</i>	<i>2nd - 8th graders</i>
<i>Thursday</i>	<i>July 26, 2018</i>		<i>TBD</i>	<i>AHS Cross Country Camp - Separate Registration Required</i>	<i>2nd - 8th graders</i>
				www.arrowheadschoools.org	Register on your own
Saturday	July 28, 2018		8:00 AM	Tri-ing for Children's Triathlon - Ottawa Lake - Dousman	All are welcome
				www.witriseries.com	Register on your own
Monday	July 23, 2018	thru	8:00 AM	USATF National Junior Olympics - Greensboro, NC	Qualifiers from Regionals
Sunday	July 29, 2018		8:00 AM	USATF National Junior Olympics - Greensboro, NC	Qualifiers from Regionals
					(Email me to register)
Saturday	July 28, 2018	thru	8:00 AM	AAU National Junior Olympics - Des Moines, Iowa	Qualifiers from Regionals
Saturday	August 4, 2018		8:00 AM	AAU National Junior Olympics - Des Moines, Iowa	Qualifiers from Regionals
					(Email me to register)
Wednesday	August 1, 2018		9:00 PM	Prowl the Peak 5k at Lapham Peak Park	All are welcome
				www.peaknordic.com	Register on your own